



SPRING CHALLENGE

Activities that are good for you & the community!



1. CHOOSE

Pick one activity from each side of the list (each activity is worth 5 points when shared).

*If you're not sure where to donate items, Stronger to Serve can get them from you.

LEARN & SERVE

- 🔧 [Make dog toys out of old t-shirts*](#)
- 📖 Read a story about homeless pets like [The Little Blue Dog](#) or [Shelter Dogs](#)
- 🔧 Make [bird seed cookies](#)
- ♥ Color 2 pictures for [Color-A-Smile](#)
- ♥ Make 2 thank you cards for your mail carrier, trash collector, or someone else who helps your family
- ♥ Make holiday cards that you can deliver to senior homes/centers in the Fall
- 📖 Make cards for kids in the hospital and donate to [Cards for Hospitalized Kids](#)
- 📖 Read/listen to a story about homelessness like [The Lady in the Box](#) or [A Shelter in our Car](#)
- ♥ Make [homeless care kits](#)
- ♥ Support Habitat for Humanity with [kid-friendly projects*](#)
- ♥ Play to help feed the hungry and practice vocabulary at the same time: Go to [freerice.com](#) to earn free rice to help end hunger (Note: you may need to set up a free account)
- 📖 Read/listen to books about hunger like [Maddi's Fridge](#) or [Uncle Willie and the Soup Kitchen](#)
- ♥ Decorate bags for preschoolers served by [Kids' Meals, Inc.](#) Include fun pictures that preschoolers would like*.
- ♥ Decorate bags for Meals on Wheels. Include jokes to make the seniors smile.*
- ♥ Visit our friends at [Doing Good Together](#) and pick a project or book from their website

STRENGTHEN

- ⤴ Play a [new type of tag](#) with your family for 15 minutes
- ⤴ Do 20 pushups, 20 jumping jacks, and 20 sit-ups with a family member
- ⤴ Download the [SweatDeck app](#) and do one round with a family member
- ⤴ Play a family game of football, soccer, or basketball
- ⤴ Go on a family run
- ⤴ Participate in an online PE or sports class offered by your school, team, or club
- ⤴ Come up with your own way to get active

Want service projects (with all supplies and learning materials) and fun family activities delivered to your door? Visit <https://www.sparkcrates.com>. All profits are donated to Stronger to Serve!

2. SHARE

Take a photo or video of the two chosen activities and share it on Instagram (mention @stronger2serve), Facebook (mention @strongertoserve) or through email (info@strongertoserve.org) to earn your points. Videos can be texted to 936-337-3649 if you don't want to post.

3. REPEAT TO WIN

The top three families with the most points by April 10th will win Stronger to Serve swag (shirts, water bottles, bags) and/or Chick-fil-A or Smoothie King gift cards.

*Official Rules Summary: Posts must include at least one activity from the Learn & Serve column and one from the Strengthen column and must include the mention @strongertoserve (Facebook). Sending in photos grants Stronger to Serve permission to use them on social media channels and in marketing materials without compensation. If you do not want your photos shared, you must include a note expressing that in your email message.